Access online help that is smart with heart



Health Advocate's digital experience has the resources you need to improve your health and well-being.

Through our website and mobile app, you can:

- Learn about your Health Advocate
 services and the many ways we can help
- View important news alerts and timely tips to improve your well-being
- Use our Symptom Checker for information about a variety of conditions to help you decide when you should call the doctor and what you can do at home
- Quickly connect with a Health Advocate
 expert through live chat, web message
 or email
- Open a case for our experts to assist you, check the status of your cases and direct message the expert working on your issue
 - Access a Medical Visit Checklist so you know what questions to ask your doctor at your next appointment

Each quarter, we're giving away gift cards to three lucky members!

Winners can choose either an Amazon, Apple, or Google Play \$250 gift card. Enter the raffle online or through our mobile app for a chance to win.



Get started today!

Log in or register with the steps below:

- 1. Visit the website or download the mobile app
- 2. Click "Register Now"
- Enter the required information, confirm your registration, and then log in



866-799-2731

answers@HealthAdvocate.com HealthAdvocate.com/members

Call • Email • Message • Live Chat

