



Let us  
advocate  
for you



Your Health Advocate services give you access to Personal Health Advocates who can support you in handling a wide range of healthcare-related and insurance issues **to save you time, money and worry.**



#### Find doctors and arrange second opinions

We can help locate in-network doctors and specialists, as well as coordinate the transfer of medical records and all aspects related to your care.



#### Resolve claims and billing issues

We'll research the claim or bill, and work on your behalf to sort out the issue with your insurance company and healthcare provider.



#### Clarify health conditions

We answer questions about diagnoses, test results, treatment options, medications, and more to help you make informed decisions.



#### Help you understand your insurance

We will answer questions about your coverage, including medical, prescription, dental and vision.



#### Explain costs for services you may need

This includes the deductibles you have to meet, as well as the copays/coinsurance for doctor and medical appointments.



#### Support for the whole family

We can help you, your spouse, dependent children, parents and parents-in-law.



#### Help when you need it most

Quickly reach us by phone, email, live chat online or through our mobile app.



**We'll work on your behalf  
to get to the heart of your issue,  
no matter how complex.**