Unum's Employee Assistance Programme

Life, money and wellbeing support when and where you need it



Whether you have a simple question or a complex concern, Unum LifeWorks is here to help you and your family handle both everyday matters and life's more significant challenges.

Access is confidential and is available 24 hours a day, 7 days a week by telephone or online.

Call 0800 048 2702

unum-uk.lifeworks.com



store to install the

Unum LifeWorks app.

unum.co.uk

Unum LifeWorks is delivered by LifeWorks by Morneau Shepell. Any personal information collected about you will be stored and kept confidential by LifeWorks. Personal information will not be disclosed outside of LifeWorks without your prior consent, unless there is a threat to human life or physical safety or if LifeWorks are legally required to do so. Calls may be recorded for training, monitoring and complaint investigation purposes.