

# Anthem's Inclusive Care

## Healthcare that supports the LGBTQIA+ community

Trusting and feeling comfortable with your doctors is important for everyone. Inclusive Care can connect you to the medical and emotional support you or a family member may be seeking.

### What Inclusive Care provides beyond traditional healthcare

Our service and clinical teams help you access:



#### Medical and behavioral health support.

Anthem can locate healthcare professionals who are allies and understand your needs. For your convenience, most visits can be in person or virtual.



#### Gender affirmation surgery guidance and counseling.

Our Inclusive Care program includes one-on-one guidance from a Nurse Care Manager (NCM). The NCM can set up a virtual second opinion and lead you to world-class hospitals, facilities, and experts.\*



#### Specialty medication support.

This includes educational support for hormone therapy, preexposure prophylaxis (PrEP), and other critical medications you may need.



#### Community programs and educational resources.

These programs and resources can be used to improve communications; increase understanding; and create a support system for you, a family member, or a friend.



### We're committed to serving you

Our goal is for every member to feel welcomed, respected, and valued. Healthcare should instill confidence and support your total health. This is why we created Inclusive Care — to offer exceptional healthcare services that suit your individual needs.

### Connect to care anytime, anywhere

With the Sydney<sup>SM</sup> Health app, you can find care, chat with a doctor, and check your benefits 24/7. Download the app today.





## To learn more about Inclusive Care:



Call the number on the back of your Anthem ID card.



Find program details on [anthem.com/ca](https://www.anthem.com/ca) or the Sydney Health app under *My Health Dashboard*.



Reach out to your Human Resources representative.

## Anthem is a steadfast supporter of diversity and inclusion.



\* Virtual Second Opinion is educational, not a medical consultation. Doctor-patient relationships are not created through the process. Sydney<sup>SM</sup> Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of Anthem Blue Cross health plans ©2021-2022. The Virtual Primary Care experience is offered through an arrangement with Hydrogen Health.

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